

# Curriculum Vitae



## **HDWT Damayanthi**

**Full Name:** Hewaratne Dassanayakege Wimala Thushari Damayanthi

**Postal Address:** Department of Nursing, Faculty of Allied Health Sciences, University of Peradeniya

**Telephone Number:** +94702566516

**E-mail Address:** [trbaasu@yahoo.com](mailto:trbaasu@yahoo.com)

**Date of Birth :** 1st November, 1974

### **Education Qualification**

- PhD (University of Malaya, Malaysia)
- MSN (Nursing Administration) (Chiang Mai University, Thailand)
- MSc (Food & Nutrition) (University of Peradeniya)
- BSc (Nursing) 1st Class (The Open University of Sri Lanka)

### **Professional Qualification**

- Lecturer, Department of Nursing, Faculty of Allied Health Sciences, University of Peradeniya.
- Visiting lecturer at the Open University of Sri Lanka in Nutrition for Nurses and Research in Nursing courses
- Registered Nurse at Sri Lanka Medical Council
- Registered Nurse at Sri Lanka Nursing Council
- Registered Nutritionist at Sri Lanka Medical Council
- Nursing Officer (1998-2012)

- Professorial Surgical Unit \_National Hospital of Sri Lanka (1998- 2000)  
:Experience in preoperative work up and post surgical care of variety of surgical conditions including vascular, hepato biliary pancreatic, portal hypertension, upper and lower gastro intestinal diseases, renal transplantation, surgical emergencies and upper and lower gastrointestinal endoscopy
- Operating Theater B \_National Hospital of Sri Lanka (2000-2004) :Experience in variety of surgical operations including major vascular (AAA bypass), renal transplantation, liver and esophageal resection, pancreatic resection, bowel resection and laparoscopic surgeries
- Medical casualty ward- Base Hospital, Kuliyaipitiya (2004-2005)
- Operating Theater, Emergency Treatment Unit, Medical Casualty ward, General Clinic – District General Hospital, Matale (2005-2008)
- Quality management Unit – District General Hospital, Matale (2010- 2012)

### **Appointments**

- Academic coordinator, Department of Nursing, Faculty of Allied Health Sciences, University of Peradeniya (2018 April up to date)
- Secretary- Faculty Research Committee, Faculty of Allied Health Sciences, University of Peradeniya(2018 February up to date)
- Senior Student Counsellor- Faculty of Allied Health Sciences, University of Peradeniya (2018 April up to date)
- Lecturer in charge, Department of Nursing, Faculty of Allied Health Sciences, University of Peradeniya (2012-2015)
- Student Counsellor- Faculty of Allied Health Sciences, University of Peradeniya (2013-2014)
- Senior Treasurer – Buddhist Association- Faculty of Allied Health Sciences, University of Peradeniya (2013-2014)
- Member- Research Allowance Committee- Faculty of Allied Health Sciences, University of Peradeniya (2014)
- Member- Organizing Committee, Peradeniya University International Research Sessions 2014

### **Memberships**

- Executive Member of GNFSL (Graduate Nurses Foundation of Sri Lanka)
- Member of SLNA (Sri Lanka Nurses Association)
- Member of IHLA (International Health Literacy Association)
- Member of AHLA (Asian Health Literacy Association)

- Member of Sigma Theta Tau International Honor Society of Nursing
- Member of CUGH (Consortium of Universities for Global Health)

## Awards

- Partial scholarship from NCAS (National Center for Advanced Studies in Humanities & Social Sciences) for PhD program
- Thailand International Development Cooperation Agency Scholarship for MSN (Nursing Administration)
- Travel Grant of International Research Centre, University of Peradeniya to participate in International Conference on “Visibility & Versatility : Nurses at the Forefront of care”, Singapore
- University Research Grant (No RG/AF/2013/15/AHS)
- Roberta Cary Prize for Excellence in Nursing 2004
- Athabasca University Gold medal for Excellence in Nursing 2004

## Research Interest

- Nursing Administration/Geriatric Nursing
- Nutrition
- Health literacy

## Publications

### 2018

- **Damayanthi HDWT**, Moy FM, Abdullah KL, Dharmaratne SD. Health related quality of life and its associated factors among community-dwelling older people in Sri Lanka: A cross-sectional study. Archives of Gerontology and Geriatrics. 2018;76:215-20. <http://dx.doi.org/https://doi.org/10.1016/j.archger.2018.03.009>
- **Damayanthi HDWT**, Moy FM, Abdullah KL, Dharmaratne SD. Prevalence of malnutrition and associated factors among community-dwelling older persons in Sri Lanka: a cross-sectional study. BMC Geriatrics. 2018;18(1):199. <http://dx.doi.org/10.1186/s12877-018-0892-2>
- **Damayanthi HDWT**, Moy FM, Abdullah KL, Dharmaratne SD. Assessing handgrip strength and its associated factors among community-dwelling elderly in Sri Lanka: A

cross-sectional study. Asian Nursing Research. 2018.  
<http://dx.doi.org/10.1016/j.anr.2018.08.008>

## 2017

- **Damayanthi HDWT**, FM Moy, LA Khatijah, SD Dharmaratne. Malnutrition and Associated Factors among Community-dwelling Elderly in Sri Lanka, Annals of Global Health 83 (1)
- Atapattu, MMP & **HDWT Damayanthi**. Knowledge and Practice on prevention of Surgical Site Infections among Undergraduate Nursing Students in University of Peradeniya. 5th AHLA International Health Literacy Conference Proceedings. 12-14 November, Kuala Lumpur, Malaysia

## 2016

- **Damayanthi HDWT**, S Dharmaratne. Factors Affecting Academic Performance of Nursing Undergraduates in a University, Sri Lanka–A Pilot Study, International Journal of Evidence-Based Healthcare 14, S9

## 2014

- **Damayanthi HDWT**, Perceived Stressors among undergraduate nursing students in university of Peradeniya, Sri Lanka -International Journal of Scientific and Research Publications, Volume 4, Issue 6, June 2014 1-ISSN 2250-3153
- **Damayanthi HDWT**, O Wichaikhum, R Chontawan, Predicting factors of job satisfaction among nurses, International Journal of Pharmacy & Bioscience, Volume 1, Issue 1, June 2014
- **Damayanthi HDWT**, Leadership style of Nurse Managers. International Journal of Scientific and Research Publications, Volume 4, Issue 8, August 2014

## Presentations (International)

### 2017

- **Damayanthi HDWT**, FM Moy, LA Khatijah, SD Dharmaratne, Malnutrition and associated factors among community dwelling elderly in Sri Lanka, at the Consortium of Universities for Global Health (CUGH) 2017 Conference in Washington, DC, April 7 to 9, 2017

## 2016

- **Damayanthi HDWT**, FM Moy, LA Khatijah, SD Dharmaratne, Factors associated with handgrip strength among community dwelling elderly in Sri Lanka, 4<sup>th</sup> Asian Health Literacy Association (AHLA) International Health Literacy Conference Vietnam 7-9 November 2016
- Abeywickrama HM, **Damayanthi HDWT**, Wimalasiri KMS. Assessment of dietary diversity among community dwelling elderly in Kandy district – A Pilot study, Peradeniya University International Research Sessions, 2016
- **Damayanthi HDWT**, SD Dharmaratne. Factors Affecting Academic Performance of Nursing Undergraduates in a University, Sri Lanka – a Pilot Study. Optimizing Healthcare Quality: Teamwork in Education, Research, and Practice in Chiang Mai, Thailand from 22-24 June 2016
- **Damayanthi HDWT** Handgrip Strength as a Predictor of Functional Disability among Community Dwelling Elderly in Sri Lanka. Optimizing Healthcare Quality: Teamwork in Education, Research, and Practice in Chiang Mai, Thailand from 22-24 June 2016
- **Damayanthi HDWT**, Breakfast Practices among Primary School Children in a Mixed Government School in Kandy Municipality area, Sri Lanka -A Pilot Study. Optimizing Healthcare Quality: Teamwork in Education, Research, and Practice in Chiang Mai, Thailand from 22-24 June 2016)

## 2014

- **Damayanthi HDWT** Perceived Stressors among undergraduate nursing students in university of Peradeniya, Sri Lanka at 8th Asia Pacific Nurses Convention (ASPAN) 9th to 11th, May 2014, Singapore
- **Damayanthi HDWT**. Predicting factors of job satisfaction among nurses at Peradeniya University International Research Sessions, 4th to 5th July 2014, Sri Lanka

## Workshops attended

- “Thesis Writing” organized by Institute of Graduate Studies, University of Malaya, Malaysia in 2017
- “Data Analysis Using SPSS Workshop” organized by Institute of Graduate Studies, University of Malaya, Malaysia in 2016
- “Qualitative Research” organized by Institute of Graduate Studies, University of Malaya, Malaysia in 2015

- “Computer Assisted Qualitative Data Analysis” organized by Institute of Graduate Studies, University of Malaya, Malaysia in 2015
- “Communicating Your Research To A Wider Audience Of Non-Specialists” organized by Institute of Graduate Studies, University of Malaya, Malaysia in 6
- “Publishing ISI Journals” organized by Institute of Graduate Studies, University of Malaya, Malaysia in 2016
- “Questionnaire Validation” organized by Faculty of medicine, University of Malaya, Malaysia in 2016
- “Dealing with missing Data” organized by Faculty of medicine, University of Malaya, Malaysia in 2016
- “Sample Size Calculation” organized by Faculty of medicine, University of Malaya, Malaysia in 2016
- “Complex Samples” organized by Faculty of medicine, University of Malaya, Malaysia in 2016
- “Introduction to Qualitative Methods for Health and Social Care Research” organized by Institute for Research and Development, Sri Lanka
- “Qualitative Research - Research Design to Publication” organized by International Medical University, Malaysia
- Introduction to the “Research Tools” organized by Institute of Graduate Studies, University of Malaya, Malaysia in 2015
- “Data Analysis With Structural Equation Modeling (SEM) Using Amos & SPSS” organized by Institute of Graduate Studies, University of Malaya, Malaysia in 2015
- “Managing Your References Using Endnote” organized by Institute of Graduate Studies, University of Malaya, Malaysia in 2015
- “Induction Program for Academic Staff” conducted by University of Peradeniya in 2013
- “Writing National Science Foundation (NSF) Research Grant applications” Organized by International Research Centre (InRC) University of Peradeniya in 2013
- “Quality Indicators” conducted by Faculty of Allied Health Sciences, University of Peradeniya in 2013
- “Examination Rules and Regulations” conducted by Faculty of Allied health Sciences, University of Peradeniya in 2011
- “Diabetic Educating Nursing Officers” conducted by the NIROGI Lanka, Colombo in 2011
- Pre congress workshop on “Critical care for Nurses” conducted by the College of Surgeons Sri Lanka in 2011
- “Leadership Development of Present and Future Nutritionists” organized by the Sri Lanka Foundation Institute in collaboration with nutrition Society of Sri Lanka in 2011