

COURSES OFFERED BY THE DEPARTMENT OF NURSING

Third Year First Semester

NS 3101 Adult Nursing III (Credits-04)

Care of the patients with male Reproductive system disorders; Integumentary system; Nervous system; Eye; Ear, Nose and sinuses, and Throat disorders

Mid Semester 10% End Semester Theory 50% Practical 40%

NS 3102 Community Health Nursing I (Credits-02)

Environmental health: Definition, Types of environment, Environmental health hazards, Air, Ventilation, Lighting, Noise, Radiation, Meteorological environment, Disposal of human excreta-Municipal council, Housing -Municipal council, Sanitation of fairs, festivals & camps, swimming pools -Municipal council, Town planning- Municipal council, Food sanitation, Animals, parasites, insects and their relation to health; Health education ; Primary Health Care; Major health problems in community; Health planning and management; Special campaigns and the role of nurses

Suggested practical:

Field trips: Water purification plant, Incinerator, Dietary department, Sewage disposal

Students will be placed to MOH areas and they will be provided opportunities to visit health centres and will observe common problems, illnesses, notifiable diseases and the follow up patients in the community.

Mid Semester 25% End Semester 75%

NS 3103 Nursing Skills Practice V (Credits-03)

Nursing procedures pertaining to care of patient with neurological, genitourinary, otolaryngology, dermatological, ophthalmic disease, haematological, and endocrine diseases

Mid Semester 10% End Semester Theory 30% Practical 60%

NS 3104 Child Health Nursing III (Credits-2)

Care for the child with disorders of the blood forming organs; genitourinary disorders; neurological disorders; and endocrine dysfunction.

Mid Semester 10% End Semester Theory 50% Practical 40%

NS 3105 Epidemiology (Credits-01)

Basic epidemiology: Introduction and concepts, theories and models, History of disease and levels of prevention; Purposes of epidemiology and epidemiological investigations; Epidemiology of communicable diseases; Surveillance of diseases; Notifiable diseases in Sri Lanka; Procedure of notification; Concepts, principles and steps in epidemiological investigations; Health indicators;

Natural history of disease: Epidemiological triad; Approaches of epidemiology; Uses of epidemiology; Causation of disease; Disease cycle; Dynamic of disease transmission; Reservoir of infection; Routes of transmission; Disinfection; Epidemiological approach in the study of diseases; General measures of communicable disease control,

Prevention and control of communicable disease: Communicable disease, Sexually Transmitted diseases, HIV/AIDS; Emerging and re-emerging infectious diseases and their control, Role of the nurses in meeting epidemics and emergency situations; Departmental rules and regulations pertaining to management of notifiable diseases

Mid Semester 20% End Semester 80%

NS 3106 Trends and Issues in Nursing (Credits-01)

Nursing as a profession-definition and criteria for a profession; Trends in Nursing education and service in Sri Lanka and other countries; The importance of legal implications in Nursing practice; Values and the process of valuing; Defining and conceptualizing issues; The structure of the Nursing Profession; Professional nursing organizations; Political strategies; Image building strategies; Facilitating effective clinical practice; Ethical reasoning; Trends in Nursing and Health care; Expanding roles and responsibilities taken by nurses; The impact that the nursing profession has on the global health care system, Evidenced-based practice

Mid Semester 20% End Semester 80%

NS 3107 Psychiatric and Mental Health Nursing I (Credits- 04)

Opportunities will be provided to the students to: Develop an informed opinion about the value of the mental health nursing contribution in a particular practice setting. Spend time with particular people who are experiencing mental health problems and 'get to know' them. Converse in a helpful way with particular people who are experiencing mental health problems. Participate in team forums and talk about what they have observed, contributed and learned when relating to particular people who are experiencing mental health problems. Practice skills that are involved in the administration of medication. Learn about the indications, contra-indications, effects and side effects of medications that they administer. Communicate with other team members, both verbally and in writing, in relation to the monitoring of the effects and side effects of medication. Plan, implement and evaluate the nursing care. Reflect on all of the above with a defined mentor.

Mid Semester 10% End Semester Theory 40% Practical 50%

THIRD YEAR SECOND SEMESTER

NS 3201 Adult Nursing IV (Credits-04)

Care of patients with geriatric, oncologic conditions. Nursing and associated issues in oncology and palliative care, the nursing care of individuals undergoing cancer treatment (chemotherapy, radiotherapy and surgery); age related demographics changes, health policy and health care provision, the physical, psychological and social impact of ageing. Society's and nurses' attitudes to the elderly, death and dying and the role of the nurse; the nursing assessment and management of chronic wounds, health education to promote wound healing.

Mid Semester 10% End Semester Theory 50% Practical 40%

NS 3202 Leadership and Management (Credits-01)

Introduction of Philosophy, concept and the principles of management, concepts of human resource management, organization of the hospital, nursing service and the patient division, responsibilities of a nursing service administrator, Principles of administration and their application by the head nurse, Nursing services of the unit/ward, Principles of supervision, Responsibilities of the head nurse in the clinical settings, Nursing school administration, Community Health Nursing administration organized on Health Care Public system, Scope of Community Health Nursing

Mid Semester 10% End Semester 90%

NS 3203 Nursing Skills Practice VI (Credits-03)

Management of nursing care at individual, team and ward level, Problem solving, Nursing diagnosis, Inter-professional working; Skills and competencies required to care for patients with complex needs, First aid, Discharge procedures of a patient, rehabilitation

Mid Semester 10% End Semester Theory 30% Practical 60%

NS 3204 Child Health Nursing IV (Credits-02)

Care for the child with Integumentary dysfunction, The child with skeletal dysfunctions, The child with neuromuscular dysfunction, The child with communicable diseases, The child with disorders of the eye, ear, and communication, The child with nutritional disorders, The child with mental health problems, Prevention of accidents

Mid Semester 10% End Semester Theory 50% Practical 40%

NS 3205 Gynecology & Obstetrics Nursing II (Theory) (Credits-02)

Complications of Childbirth, The Process of postpartum psychosocial adaptation and physical recovery with nursing applications, Process of parental and family attachment to the newborn, maternal psychosocial recovery and adjustment, adolescent mothers, paternal adjustment, sibling adjustment, Assessment process during postpartal period, Nursing diagnoses related to common problems and risks, Complications in Postpartum recovery, Nursing Process Applications in the physiologic adaptation of the neonate to extrauterine life, Mortality rates, Physical assessment of the newborn, Psychosocial assessment of the newborn and the family, Nursing diagnoses and interventions during the neonatal period, Ineffective Adaptation of the neonate to extrauterine life, Preterm newborns, respiratory distress, thermoregulatory instability, alteration in nutrition; hyperbilirubinemia, Nursing interventions, Introduction to gynaecological Nursing, Overview of Female Reproductive system- Anatomy and physiology, Overview of gynaecological conditions and nursing Management

Mid Semester 25% End Semester Theory 75%

NS 3206 A Gynecology & Obstetric in Nursing II (Practical) (Credits-02)

Assist in conducting abnormal delivery, Provide appropriate intervention in emergency situations in obstetrics, Health education and discharge planning following complicated delivery, Management of Complications in Postpartum recovery, Assessment and clinical management of Postpartum hemorrhage, postpartum infection, thromboembolic disease, Physical assessment of the newborn, Psychosocial assessment of the newborn and the family, Baby bath, Phototherapy, Feeding methods and techniques, Safety methods and handling of new born, Health education and discharge plan for mother and family regarding neonatal care, Gynecological procedures

Case Study 10% End Semester Practical-90%

NS 3206 B Urology for Nurses (Practical) (Credits-02)

Assessment of urinary- renal system, Collecting mid stream urine specimen, Placing and removing bed pan/ urinal Inserting catheters, Indwelling catheter care, Closed and open catheter irrigation, Assessment parameters for determining the status of renal and urinary function, Nursing management of patients with peritoneal dialysis, Nursing management of patients with haemodialysis, Skills in using urinary diversion collection appliances, Education and preparation for patients undergoing urological surgeries

Case Study 20% End Semester Practical-80%

NS 3207 Community Health Nursing II (Credits-03)

Role of community health nurse (review), Standing orders in community health nursing; Records and reports in Community Health Nursing, Role of the community health nurse in National Health programmes

Students will conduct a community health research as group research and compile it as a community care study during a given period

Mid Semester 25% End Semester Theory 50% Practical 25 % (Family Care Study)