



Dr. Malshani L. Pathirathna

malshanilakshika@gmail.com malshanilakshika@pdn.ac.lk

Office: (+94) 081-2388820; Mobile: (+94) 0771659231
Department of Nursing, Faculty of Allied Health Sciences,
Auguasta Hill, 20400, Peradeniya, Sri Lanka

WORK EXPERIENCE

- Senior Lecturer/ Grade II- Department of Nursing, Faculty of Allied Health Sciences, University of Peradeniya (Present)
- Lecturer- Department of Nursing, Faculty of Allied Health Sciences, University of Peradeniya (2012-2018 February)
- Research Assistant- Graduate School of Health Sciences, Niigata University, Japan (2015-2018)
- Teaching Assistant- Graduate School of Health Sciences, Niigata University, Japan (2015-2018)
- Temporary Demonstrator- Department of Nursing, Faculty of Allied Health Sciences, University of Peradeniya (2011-2012).
- Staff Nurse- Maternity Unit, Hemas Hospital Private Ltd, Wattala, Sri Lanka

EDUCATION

- PhD in Nursing (2018)– Graduate School of Health Sciences, Niigata University, Japan.
- MSc in Bio Statistics (2014)- Post Graduate Institute of Agriculture, University of Peradeniya
- BSc in Nursing (2011)- Faculty of Allied Health Sciences, University of Peradeniya

MEMBERSHIP

- Registered Nurse – Sri Lanka Medical Council

AWARDS

- Outstanding Research Award 2017- Graduate School of Health Sciences, Niigata University, Japan
- Japanese Government MEXT Scholarship for Research Studentship at Graduate School of Health Sciences, Niigata University, Japan (October 2014 to March 2015).
- Japanese Government MEXT Scholarship for Doctoral Program at Graduate School of Health Sciences, Niigata University, Japan (April 2015 to March 2018).

PUBLICATIONS

Recent Publications- Up to 31st October 2018

Journal articles

- **Pathirathna, M.L.**, Abeywickrama, H.M., Sekijima, K., Sadakata, M., Fujiwara, N., Muramatsu, Y., Wimalasiri, K.M.S., Jayawardene, U., & de Silva, D. (2018). Anemia during pregnancy and neonatal birth weight: Comparison of maternal dietary intake in Sri Lanka. *Journal of Health Sciences of Niigata University*. 15(1)
- **Pathirathna, M.L.**, Abeywickrama, H.M., Sekijima, K., Sadakata, M., Fujiwara, N., Muramatsu, Y., Wimalasiri, K.M.S., Jayawardene, U., de Silva, D., & Dematawewa, C.M.B. (2017). Effects of prenatal tobacco and wood-fuel smoke exposure on birth weight in Sri Lanka. *Healthcare (Basel)*. 5 (4), 64:1-64:10.
- **Pathirathna, M.L.**, Sekijima, K., Sadakata, M., Fujiwara, N., Muramatsu, Y., & Wimalasiri, K.M.S. (2017). Impact of Second Trimester Maternal Dietary Intake on Gestational Weight Gain and Neonatal Birth Weight. *Nutrients*. 9(6), 627:1-627:12
- **Pathirathna, M.L.**, Abeywickrama, H.M., RuwanPathirana, N.R., Dissanayake, J., Sekijima, K., Sadakata, M., Fujiwara, N., Muramatsu, Y., Wimalasiri, K.M.S. (2017). Effects of parity on neonatal birth weight: A descriptive cross sectional study. *Sri Lanka Bulletin of Nursing and Allied Health Sciences*. 2(2): 19-26
- Jayasingha R.M., Thilakumara I.P., **Pathirathna M.L.**, Kularatne S., Jayasinghe R.D., Effect of tooth loss and denture status on oral health related quality of life of institutionalized older individuals in Sri Lanka, *Sri Lanka Dental Journal*, Volume 47 (02), April 2017, p 17-22
- **Pathirathna M.L.** and Abeywickrama H.M. Learning style preferences of nursing students at University of Peradeniya: utilizing the VAK questionnaire, *Sri Lanka Bulletin of Nursing and Allied Health Sciences*, Volume 2 (1), September 2016, ISSN-1800-4318
- **Pathirathna M.L.** Exclusive Breast Feeding Practice in Gangawatakorala MOH area- Sri Lanka, *International Journal of Scientific and Research Publications*, Volume 4(2), February 2014, ISSN 2250-3153
- **Pathirathna M.L.** and Dematawewa C.M.B. Effect of Mode of Feeding on Infant Weight Gain during First Six Months of Life, *International Journal of Maternal and Child Health*, 2014, 2(2):67-73

Conference papers/ Oral presentations

- **Pathirathna, M.L.**, Sekijima, K., Sadakata, M., (2017). Patterns of physical activity during pregnancy and it's association with birth outcomes. 37th Annual Conference of Japan Academy of Nursing Science, Sendai, Japan- 16-17 December 2017.
- **Pathirathna, M.L.**, Abeywickrama, H.M., Sekijima, K., Sadakata, M., Fujiwara, N., Muramatsu, Y, Wimalasiri, K.M., Jayawardene, U., de Silva, D., & Naeem, N.I.M. (2017). Effects of prenatal exposure to tobacco smoke and wood fuel smoke on birth weight in Sri Lanka. 4th World Congress on Midwifery and Women's Health, Melbourne, Australia- 20-22 July 2017.
- **Pathirathna, M.L.**, Abeywickrama, H.M., Dissanayake, J., Sekijima, K., Sadakata, M., Jayawardene, U., & Fujiwara, N. (2015). Effect of Pre-pregnancy Body Mass Index and Gestational Weight Gain on Birth Weight in a Teaching Hospital Sri Lanka. Third International Conference on Asian Studies 2015, Niigata, Japan-21st June 2015.
- Jayasingha R.M., Thilakumara I.P., **Pathirathna M.L.**, Kularatne S., Jayasinghe R.D., Effect of tooth loss and denture status on oral health related quality of life of institutionalized older individuals in Sri Lanka, Sri Lanka Dental Journal, ISSN 1391-07280, Volume 43, April 2013, p 47
- Thilakumara I.P., Jayasingha R.M., **Pathirathna M.L.**, Kularatne S., Jayasinghe R.D., "Effect of denture status on oral health related quality of life of institutionalized older individuals in Sri Lanka", PURSE, Volume 17, July 2013, p 115

Poster Presentations (with proceeding abstracts)

- Pathirathna, M.L.**, Abeywickrama, H.M., Dissanayake, J., Jayawardene, U., Sekijima, K., & Sadakata, M. (2015). Factors Associated With Low Birth Weight Deliveries at Teaching Hospital Kurunegala, Sri Lanka. ICM Asia Pacific Regional Conference, PACIFICO, Yokohama, Japan, 20-22 July 2015.
- **Pathirathna, M.L.**, Sekijima, K., Nishikata, M., Isida, M., Sato, E., Sayama, M., Fujiwara, N., Sadakata, M., & Abeywickrama, H.M. (2015). Introduction to current situation of Low Birth Weight in Sri Lanka and Japan. ICM Asia Pacific Regional Conference, PACIFICO, Yokohama, Japan, 20-22 July 2015.
 - **Pathirathna M.L.** and Kumarasiri P.V.R, Prevalence of dyspepsia and associated factors among undergraduates of the University of Peradeniya, PURSE, Volume 17, July 2013, p 283